

## *Curriculum Vitae*

**Date Prepared:** May 2025

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### **Education**

Year	Degree	Field of Study	Institution
1994	Bachelor of Arts (BA)	Political Philosophy	University of Dallas Constantin College of Liberal Arts Irving, Texas
2022	Master of Social Work (MSW)	Macro Social Work GPA: 4.0 Thesis Chair: Genevieve Graaf, PhD, MSW	University of Texas at Arlington School of Social Work Arlington, Texas
2024	Doctor of Philosophy (PhD)	Social Work Research GPA: 4.0 Dissertation Chair: Diane Mitschke, PhD, LMSW	University of Texas at Arlington School of Social Work Arlington, Texas

### **Professional Development Training**

Year(s)	Course or Program, Degree if any	Institution
2025	Epidemiology for the Clinical Investigator	University of Texas Southwestern Medical Center

### **Faculty Academic Appointments**

Year(s)	Academic Title	Department	Academic Institution
2024-Present	Assistant Instructor Early Impact Faculty Scholar	Social and Behavioral Sciences	University of Texas Southwestern Medical Center, Peter O'Donnell Jr. School of Public Health

### **Other Professional Positions**

Year(s)	Position Title	Institution
2022-Present	Social Worker (LMSW)	Agape Clinic, Dallas, Texas

2023	Instructor	University of Texas at Arlington School of Social Work
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### **Current Licensure and Certification**

#### Licensure

Year(s)	State
2024-Present	Texas State Board of Social Work Examiners, Licensed Master Social Worker

### **Board and Other Certification**

Year(s)	Specialty	Certifying Organization
2022-Present	Cognitive Screening, Certified Rater	MoCA Test, Inc.

### **Honors and Awards**

Year	Name of Honor/Award	Awarding Organization
2024	Graduate Fellowship/\$14,500	U.S. Department of Transportation National Institute for Transportation and Communities (NITC)
2023	Leadership Development Scholarship/\$1,000	University of Texas at Arlington Follett Student Leadership Center
2022-2024	Dean's Fellowship/\$4,000	University of Texas at Arlington School of Social Work
2022	Outstanding Graduate Research Assistant Awarded Spring 2022 & Summer 2022	University of Texas at Arlington School of Social Work Office of Research
2021-2022	Outstanding MSW Student Community and Administrative Practice Awarded Fall 2022, Spring 2022, & Summer 2022	University of Texas at Arlington School of Social Work Office of Student and Academic Affairs
2021	Policy Brief Award/\$100	University of Texas at Arlington Social Policy, Education, Advocacy, and Knowledge (SPEAK) Program
2021	Roy and Betty Dulak Endowed Scholarship/\$3,000	University of Texas at Arlington School of Social Work
2021	Outstanding Foundation Field Student	University of Texas at Arlington School of Social Work Office of Field Education

### **Major Administrative/Leadership Positions**

Year(s)	Position Title	Institution
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2025	Program Director (volunteer), Refugee Clinic	Agape Clinic, Dallas, Texas
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### **Committee Service** *(Member, unless noted otherwise)*

Year(s)	Name of Committee	Institution/Organization
<u>University/Department</u>		
2024	Associate Dean of Research Search Committee	University of Texas at Arlington School of Social Work
2023	Ad Hoc Committee on Artificial Intelligence	University of Texas at Arlington School of Social Work
2022-2023	Executive Committee	University of Texas at Arlington School of Social Work
2021-2022	Community and Administrative Practice Curriculum Committee	University of Texas at Arlington School of Social Work
2020-2021	Bachelor of Social Work and Foundation Curriculum Committee	University of Texas at Arlington School of Social Work

### **Professional Societies**

Dates	Society Name, member
2025	Society for Epidemiological Research (SER)
2024-Present	Alzheimer's Association International Society to Advance Alzheimer's Research and Treatment (ISTART)
2024-Present	American Public Health Association (APHA)
2024-Present	Gerontological Society of America (GSA)
2023-2024	Association for Gerontology Education in Social Work (AGESW)
2022-Present	Society for Social Work Research (SSWR)
2022-2023	Council on Social Work Education (CSWE)
2021-2022	Association for Community Organization and Social Action (ACOSA)
2021-Present	National Association of Social Workers (NASW)
2020-Present	Phi Alpha, Iota Chapter, University of Texas at Arlington
2020-Present	Phi Kappa Phi, Chapter 300, University of Texas at Arlington

### **Community Engagement**

Year(s)	Project, brief description	Organization or institution
2025	Project: DELTA Study Established a 12-member community advisory board of cross-sector leaders in Phillips County, Arkansas.	Phillips County, Arkansas
2025	Event: Cognitive Screening & Education	Metrocrest Services

	Co-organized a free cognitive screening event focused on providing education on brain health and healthy aging.	Alzheimer's Association Peter O'Donnell Jr. Brain Institute (UTSW)
2022-2023	Project: Youth and Family Behavioral Service Priorities Co-established a community advisory board consisting of six state-level community organizations. Funding: Patient-Centered Outcomes Research Institute (PCORI)	Family-Run Executive Director Leadership Association (FREDLA)
2021-2022	Project: Unincorporated Areas and Health Disparities Recruited county-level administrators in Texas and California to advise on the creation of an index measuring county governance Funding: University of Wisconsin and Robert Wood Johnson Foundation	County Health Rankings and Roadmaps

## **Educational Activities**

### **1. Direct Teaching**

Date	Course Name, Rotation or Session Topic	Role	Number of Instruction hours	Primary Learner Audience (number)	Department or Organization
<b><u>Medical and Graduate School (UME) Course Instruction, Small Group Instruction, Clinical Supervision</u></b>					
Fall 2025	Advanced Social and Behavioral Theory in Public Health	Course Instructor	3-credit hour course, 16 weeks	TBD	O'Donnell School of Public Health (UTSW)
Summer 2025	Applied Practice Experience	Preceptor	9 weeks	1	O'Donnell School of Public Health (UTSW)
University of Texas at Arlington					
Spring 2024	Intermediate Statistics (SOCW 6347)	Tutor	3-credit hour course, 16 weeks	10	School of Social Work
Fall 2023	Social Welfare Policy and Services (SOCW 3303)	Course Instructor	3-credit hour course, 16 weeks	14	School of Social Work

### **2. Curriculum Development**

Date	Course Name or Curriculum Product	Role	Purpose	Primary Learner Audience	Organization or Institution
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2025	Advanced Social and Behavioral Theory in Public Health	New course development	Provide an in-depth exploration of social and behavioral science theories in public health research and health promotion, emphasizing their critical evaluation, adaptation, and application	PhD Students	O'Donnell School of Public Health (UTSW)
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### 3. Mentoring and Advising

Date	Mentee Name	Mentee Level/ Program and Institution	Role	Mentee Outcomes, Current Position
2022-Present	Mohamad Faizal	Undergraduate/ University of Texas at Austin	Mentor	Rising Senior

### Editorial Activities

Year(s)	Journal Name
<u>Ad Hoc Reviewer</u>	
2025	Academia Mental Health & Well-Being
2024	BMC – Public Health
2024	Journal of Policy Practice and Research
2023	Journal of Racial and Ethnic Health Disparities
2023	Journal of Immigrant and Refugee Studies

### Grant Support

<u>Past</u>	University of Wisconsin Population Health Institute Robert Wood Johnson Foundation County Health Rankings and Roadmaps
	Exploring County Governance Structures as Drivers of Health Inequities
	Co-Investigator
	100,000 (2024)
	U.S. Department of Transportation National Institute for Transportation and Communities (NITC)

	Using a Smartphone App-Based Data Collection Method to Characterize Latent Transportation Demand and Impacts on Health and Quality of Life
	Graduate Fellowship
	\$14,500 (2024)

### **Invited Lectures**

Year(s)	Title	Location
<u>Regional/Local</u>		
2024	Research methods for engaging place in social work research [Workshop]	Society of Social Work Research, Annual Conference, Washington D.C.
2023	Qualitative Research Methods	University of Texas at Arlington, School of Social Work, Social Work Research Methods (SOCW 3308)
2021	Policy Debrief: Medicaid Expansion in Texas	National Association of Social Workers-Texas Chapter (Austin)

### **Bibliography**

#### **Peer-Reviewed Publications**

#### **Original Research Articles**

1.	Snowden LR, Graaf G, Keyes L, <b>Kitchens K</b> , Ryan A, Wallace N. Did Medicaid expansion close African American-white health care disparities nationwide? A scoping review. BMC Public Health. 2022 Aug 30;22(1):1638. doi: 10.1186/s12889-022-14033-8. PubMed PMID: 36038836; PubMed Central PMCID: PMC9426283.
2.	Palmer AN, Patel M, Sledge SL, <b>Kitchens K</b> , Cassano K. COVID-19 impacts on youth and young adult workforce development programs: A local perspective. Children and Youth Services Review. 2023; 155:107291. doi: 10.1016/j.childyouth.2023.107291.
3.	Palmer AN, Mansi P, <b>Kitchens K</b> , Cassano K, Sledge SL. Lessons learned: A qualitative study of service delivery and experiences in local youth workforce programs. Journal of Child and Family Studies. 2024; 33(8):2655-2669. doi: 10.1007/s10826-024-02861-8.
4.	Graaf G, <b>Kitchens K</b> , Sweeney M, Thomas KC. Behavioral Health Services Outcomes That Matter Most to Caregivers of Children, Youth, and Young Adults with Mental Health Needs. Int J Environ Res Public Health. 2024 Feb 1;21(2). doi: 10.3390/ijerph21020172. PubMed PMID: 38397663; PubMed Central PMCID: PMC10887955.
5.	<b>Kitchens K</b> , Graaf G. Piloting a Measure of Segregation at the Census Tract Level: Associations with Place and Racial/Ethnic Disparities in Life Expectancy. Int J Environ Res Public Health. 2024 May 11;21(5). doi: 10.3390/ijerph21050613. PubMed PMID: 38791827; PubMed Central PMCID: PMC11121047.
6.	Kirsch J, Maleku A, Kim YK, Aziz T, Dada S, Haran H, <b>Kitchens K</b> . The Correlates of Collective and Individual Trauma on Mental Health Outcomes Among Afghan Refugees: A Study of Sociodemographic Differences. Community Ment Health J. 2024 Oct;60(7):1255-1270. doi: 10.1007/s10597-024-01283-6. Epub 2024 May 1. PubMed PMID: 38691243.

7.	Kirsch J, <b>Kitchens K</b> , Kerr K, Sivakumaran S. Group-Based Intervention Models in Treating Refugee Mental Health in High-Income Countries: A Systematic Review. <i>Trauma Violence Abuse</i> . 2024 Dec;25(5):4173-4187. doi: 10.1177/15248380241270039. Epub 2024 Aug 15. Review. PubMed PMID: 39143917.
8.	Gomez-Vidal C, Palmer AN, <b>Kitchens K</b> , Ratliff GA, Graaf G. Unincorporation in counties as a political determinant of health: An exploration of five states. <i>SSM Popul Health</i> . 2024 Dec;28:101728. doi: 10.1016/j.ssmph.2024.101728. eCollection 2024 Dec. PubMed PMID: 39686944; PubMed Central PMCID: PMC11647457.
9.	<b>Kitchens K</b> , Mitschke DB, LaBrenz CA, Thomas LA, Robinson ED. Teaching Note–Connections Tutoring Lab: Peer-led support in a virtual environment. <i>J Soc Work Ed</i> . 2025; :1-6. doi: 10.1080/10437797.2024.2410801.
10.	<b>Kitchens K</b> , Kim Y. The Role of Education and English Proficiency in Cognitive Health Among Older Refugee Populations in the United States. <i>J Gerontol Soc Work</i> . 2025 Jan;68(1):107-122. doi: 10.1080/01634372.2024.2421303. Epub 2024 Oct 30. PubMed PMID: 39475185.
11.	<b>Kitchens K</b> , Sesay BJ, Fields NL, Stringfellow MK, Mitschke DB. What Is the State of the Literature About Refugees Aged 45 and Older from Burma in Third-Country Resettlement Contexts?: A Scoping Review. <i>Gerontologist</i> . 2025 Jan 29;. doi: 10.1093/geront/gnaf034. [Epub ahead of print] PubMed PMID: 39878133.
12.	Graaf G, <b>Kitchens K</b> , Sweeney M, Thomas KC. Outcomes that Matter to Youth and Families in Behavioral Health Services. <i>Adm Policy Ment Health</i> . 2025 Mar;52(2):331-345. doi: 10.1007/s10488-024-01409-8. Epub 2024 Sep 13. PubMed PMID: 39269533; PubMed Central PMCID: PMC11935307.
13.	<b>Kitchens K</b> , Fields N, Mitschke DB. Reevaluating Locus of Control Among Older Karen Refugees in Long-term Resettlement: An Interpretative Phenomenological Analysis. <i>Gerontologist</i> . 2025 Mar 11;. doi: 10.1093/geront/gnaf104. [Epub ahead of print] PubMed PMID: 40065637.

### Meeting Summaries or Proceedings

1.	<b>Kitchens K</b> , Bervik A, & Mitschke DB. Resettlement Stress Among Emerging and Middle Adult Refugees from Burma: An Interpretative Phenomenological Analysis [Paper Presentation]. Society for Social Work Research, Annual Conference, Seattle, WA. 2025 Jan 16.
2.	<b>Kitchens K</b> , & Nordberg A. Community Engagement in the Cultural Adaptation of Standardized Instruments Among Forcibly Displaced Populations: A Scoping Review [Poster Presentation]. Society for Social Work Research, Annual Conference, Seattle, WA. 2025 Jan 18.
3.	Gomez-Vidal C, <b>Kitchens K</b> , Ratliff GA, Graaf G, & Palmer A. Governance and Health in Unincorporated Areas: A Qualitative Study on County-Level Challenges in Texas and California [Poster Presentation]. Society for Social Work Research, Annual Conference, Seattle, WA. 2025 Jan 17.
4.	Spadola C, Kirsch J, Kerr K, Parikh K, & <b>Kitchens K</b> . Addressing Sleep Health Among Refugees: Results of a Systematic Review [Poster Presentation]. Society for Social Work Research, Annual Conference, Seattle, WA. 2025 Jan 17.
5.	<b>Kitchens K</b> . English Proficiency, Immigration Status, and Cognitive Assessment Variability in Older Adults. <i>Innovation in Aging</i> . 2024; 8(Supplement 1):641.

6.	Fields N, <b>Kitchens K</b> , Mitschke DB. Re-Evaluating Locus of Control Among Older Karen Refugees in Long-Term Resettlement. <i>Innovation in Aging</i> . 2024; 8(Supplement 1):237-238. doi: doi.org/10.1093/geroni/igae098.0767.
7.	<b>Kitchens K</b> , Kirsch J. Socioeconomic Status and Cognitive Difficulty: Diminished Returns Among Older Bhutanese Refugees in the US. <i>Innovation in Aging</i> . 2024 December; 8(Supplement 1):238.
8.	<b>Kitchens K</b> , & Faizal M. The Relational Home: Factors Associated with Feeling at Home Among Stateless Rohingya Refugees in Bangladesh [Paper Presentation]. Annual Conference of the Society for Social Work Research, Washington D.C. 2024 Jan 12.
9.	<b>Kitchens K</b> , Mitschke DB, & Nordberg A. Balancing Priorities: Navigating Cost and Affordability in the Secondary Relocation Decisions of Immigrants and Resettled Refugees [Paper Presentation]. Society for Social Work Research, Annual Conference, Washington D.C. 2024 Jan 11.
10.	Gomez-Vidal C, Ratliff GA, <b>Kitchens K</b> , Palmer A, & Graaf G. Understanding Incorporation as a Contextual Driver of Healthy Environments [Paper Presentation]. American Public Health Association, Annual Meeting and Expo, Atlanta, GA. 2023 Nov.
11.	<b>Kitchens K.</b> , & Mitschke DB. Length of Time Post-Resettlement as a Factor Predicting Somatic Idioms of Distress in Resettled Karen Refugees from Burma: A Retrospective Chart Review [Paper Presentation]. Council on Social Work Education, Annual Program Meeting, Atlanta, GA. 2023 Oct 29.
12.	Palmer AN, Patel M, <b>Kitchens K</b> , Cassano K, & Sledge S. COVID-19 Impacts on Youth and Young Adult Workforce Development Programs [Poster Presentation]. Society for Social Work Research, Annual Conference, Phoenix, AZ. 2023 Jan.
13.	Palmer AN, Sledge S., Patel M, <b>Kitchens K</b> , & Cassano K. Exploring Local Implementation Contexts of Youth Workforce Development Programs: Provider and Young Adult Perspectives [Paper Presentation]. Society for Social Work Research, Annual Conference, Phoenix, AZ. 2023 Jan.
14.	Ratliff GA, Gomez-Vidal C, <b>Kitchens K</b> , Dzimbiri MN, Palmer A, & Graaf G. Developing Political Indices for Evaluating Health Disparities in Unincorporated Communities [Paper Presentation]. American Public Health Association, Annual Meeting and Expo, Boston, MA. 2022 Nov.

**Non-peer reviewed scientific or medical publications/materials in print or other media (no abstracts)**

1.	Mitschke D, Nordberg A, Mattingly S, <b>Kitchens K</b> , Al-Zubi Y, Naz F. Housing Choice, Transportation Equity, and Access to Opportunities in Refugee and Immigrant Communities. National Transportation Library. 2024 Jan.
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Complete list of my published works in My Bibliography:

<https://www.ncbi.nlm.nih.gov/myncbi/katherine.kitchens.1/bibliography/public/>